

Best Sellers

TRADE

Trade paperbacks are softcover books usually sold in bookstores and at an average price higher than mass-market paperbacks. This listing is based on computer-processed reports from bookstores and wholesalers with more than 2,500 outlets across the United States.

- 1 **HOW TO FLATTEN YOUR STOMACH**, by Jim Everroad. (Price/Stern/Sloan, \$1.75.) Exercises.
- 2 **THE DIETER'S GUIDE TO WEIGHT LOSS DURING SEX**, by Richard Smith. (Workman, \$2.95.) Spoof on diet and sex manuals.
- 3 **JULIA CHILD & COMPANY**, by Julia Child. (Knopf, \$8.95.) Recipes for dishes featured on her current television series.
- 4 **THE PEOPLE'S ALMANAC 2**, by David Wallechinsky and Irving Wallace. (Bantam, \$9.95.) More odd facts from all over.
- 5 **THE JOY OF SEX**, by Alex Comfort. (Simon & Schuster/Fireside, \$6.95.) With illustrations.
- 6 **THE CROWD PLEASERS**, by Rosemary Rogers. (Avon, \$3.95.) High life in the worlds of politics, fashion and film-making: fiction.
- 7 **THE NON-RUNNER'S BOOK**, by Vic Ziegel and Lewis Grossberger. (Macmillan, \$2.95.) Celebrating the joys of sitting.
- 8 **MURPHY'S LAW**, by Arthur Bloch. (Price/Stern/Sloan, \$2.50.) Humorous explanations of why things go wrong.
- 9 **WHAT COLOR IS YOUR PARACHUTE?** by Richard Nelson Bolles. (Ten Speed Press, \$5.95.) Guide for job-hunters and career-changers.
- 10 **THE COMPLETE GUIDE TO DISCO DANCING**, by Karen Lustgarten. (Warner, \$4.95.) Illustrated exercise and dance guide.
- 11 **OUR BODIES, OURSELVES**, by the Boston Women's Health Book Collective. (Simon & Schuster/Touchstone, \$4.95.) Illustrated guide.
- 12 **THE WOMAN'S DRESS FOR SUCCESS BOOK**, by John T. Molloy. (Warner, \$3.95.) How-to.
- 13 **DOONESBURY'S GREATEST HITS**, by G. B. Trudeau. (Holt, \$7.95.) Selections from the cartoon strip.
- 14 **OURSELVES AND OUR CHILDREN**, by the Boston Women's Health Book Collective. (Random House, \$6.95.) The pleasures and problems of being a parent.
- 15 **A YEAR OF BEAUTY AND HEALTH**, by Beverly and Vidal Sassoon with Camille Duhé. (Simon & Schuster/Fireside, \$4.95.) How to eat, exercise, reduce, etc.

15 **ALL THINGS WISE AND WONDERFUL**, by James Herriot. (Bantam, \$2.75.) The further adventures of a Yorkshire vet.

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- 15 **ARNOLD**, by Arnold Schwarzenegger and Douglas K. Hall. (Pocket/Wallaby, \$5.95.) The life and program of a body builder.

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- 14 **CROCKETT'S INDOOR GARDEN**, by James Underwood Crockett. (Little, Brown, \$9.95.) Horticultural advice from a TV personality.
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